

PHILAKAHLE WELLBEING CENTRE

Vision Statement:

Philakahle's vision is to promote abundant life for all the people of Okhahlamba, by building relationships of hope, love and holistic support.

Philakahle's Projects:

- I. **Community Support:** The Community Support Project originated as a pilot program to address the needs of those on antiretroviral (ARV) medication. The project also includes the following: Integration of services for TB & HIV/AIDS; Community trainings on nutrition, positive living, prevention and awareness; Community-based referral network; Workplace programs (reaching staff in the farms, resorts, businesses, etc.); Household garden initiatives; Home-Based Care Forum
- II. **Churches, Channels of Hope:** This project aims to reduce the impact of HIV/AIDS in Okhahlamba Municipality by partnering with churches and developing a Christian-based response to the pandemic, through facilitating church leaders to design an action plan on HIV/AIDS prevention, care and advocacy in their respective communities.
- III. **Zamimpilo Community Centre:** Renovations are currently underway to turn this community centre into an affordable training centre that will be able to serve the wider community with workshops and trainings supported by local NGO's, CBO's, and government and church organizations. Zamimpilo will also partner with local community groups to provide a variety of services such as youth programs, crèche activities, church services, rehabilitation services, computer training, etc. to the local community.
- IV. **Youth Value Based Life Skills Program:** This program seeks to reduce HIV infection rates in young people by reducing the risk taking behavior in general. The behavioral change is motivated by the realization of self-value and destiny which leads to wise decision making. A decrease in risk-taking behavior results in a decrease in the likelihood of HIV infection and a delay in the onset of sexual activity. To ensure the sustainability of behavioral change, the program is holistic and includes two additional focus areas – strengthening existing family structures in the community, and working with the teachers. This is achieved by equipping the parents/ caregivers for their role of supporting and encouraging positive behavior.
- V. **Intersectoral Forum:** Philakahle facilitates a networking forum with the aim of connecting service organizations across Okhahlamba. Organizations involved include government departments, and non-governmental organizations, including faith-based organizations and community-based organizations. These players meet monthly to share information and ideas and to reduce duplication of services. Coordinating the Forum assists Philakahle with the referral component of the Community Support Project.

Contact Details:

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